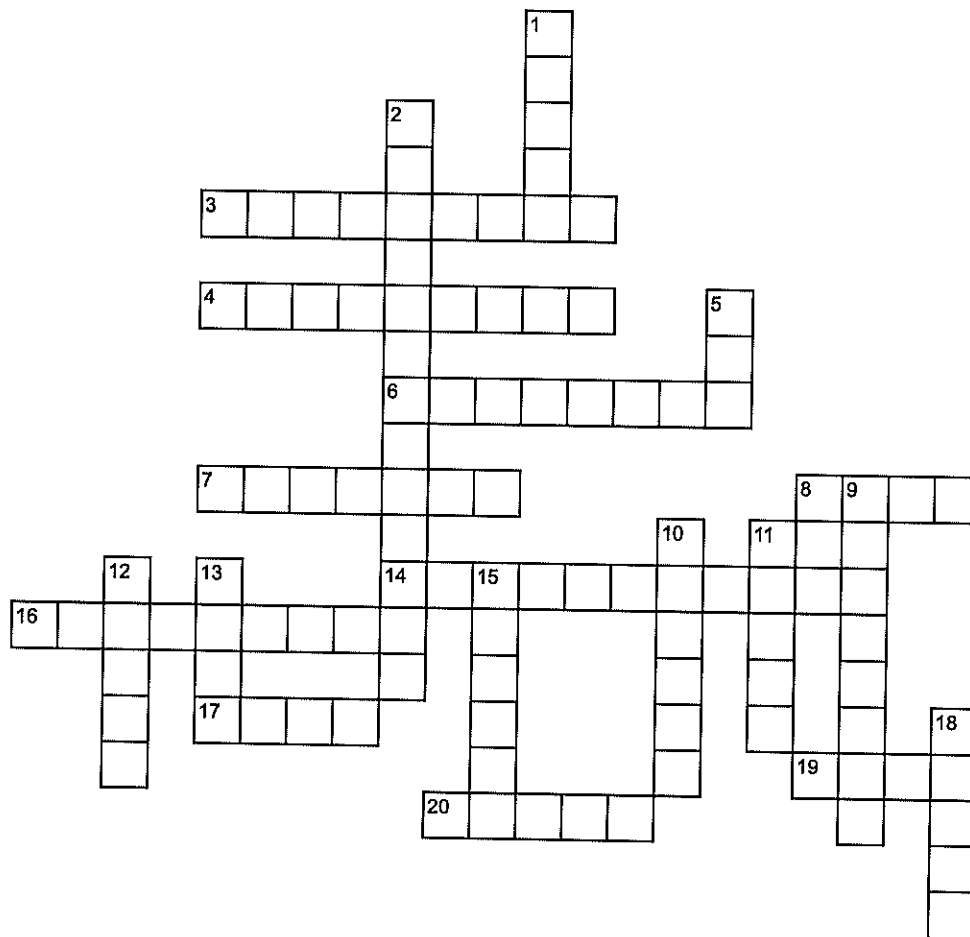


Breastfeeding



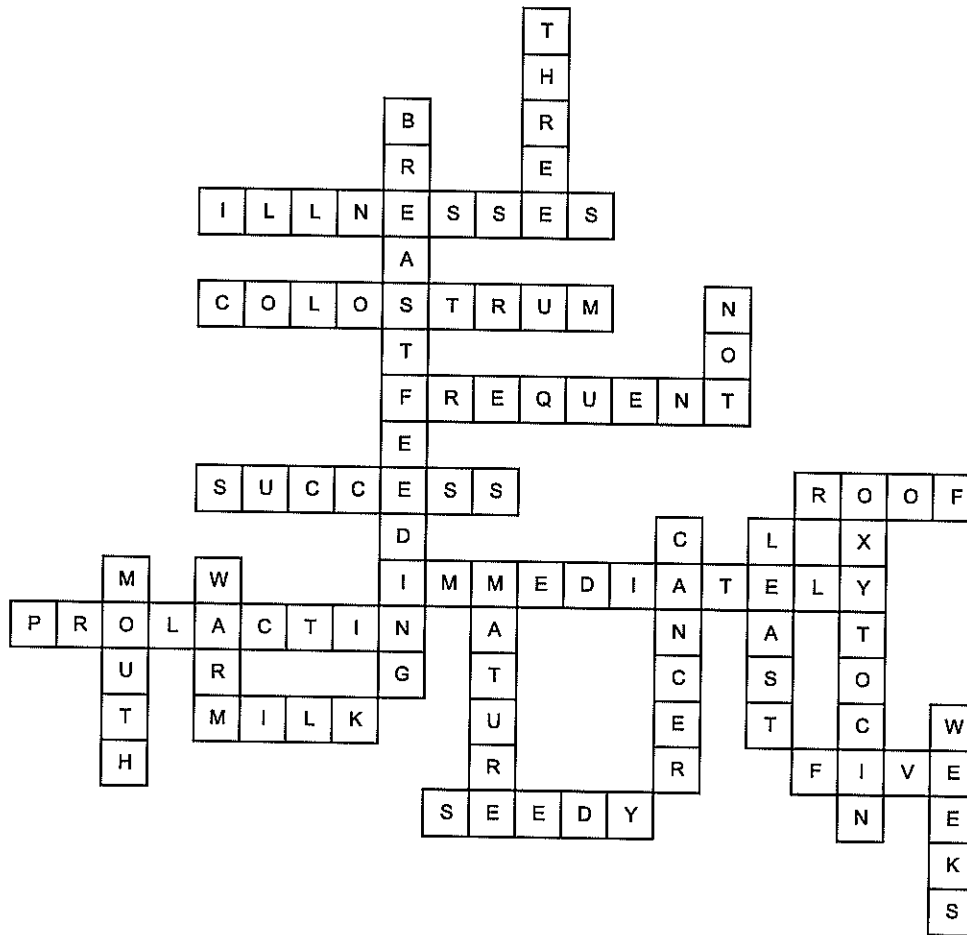
Across

- 3 Breastfeeding decreases baby's risk of readmission to hospital related to respiratory and gastrointestinal _____.
- 4 Protein and glucose that baby gets in _____, will level his/her blood glucose.
- 6 _____ feeding can prevent engorgement.
- 7 Skin to skin increases breastfeeding _____!
- 8 Proper alignment for breastfeeding includes aiming the nipple towards the _____ of the mouth.
- 14 Skin to skin should be initiated _____ after birth.
- 16 _____ makes milk.
- 17 Correct latch makes _____ flow better.
- 19 Breastfeeding moms should consume _____ hundred extra calories per day as part of a well-balanced diet.
- 20 Meconium stools transition to yellow _____ stools.

Down

- 1 Milk should come in within _____ to five days.
- 2 _____ is a learning experience for mom and baby.
- 5 Breastfeeding should _____ be painful.
- 9 _____ moves milk.
- 10 Breastfeeding decreases mother's risk of breast and ovarian _____.
- 11 For sore nipples, feed on the _____ sore side first.
- 12 To release suction, place finger in the corner of baby's _____.
- 13 To help relieve engorgement, apply _____ moist packs to breasts for two to five minutes prior to nursing.
- 15 Breast milk changes to _____ milk within fourteen days.
- 18 Baby should return to birth weight within two _____.

Breastfeeding



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