

# Breastfeeding Bingo



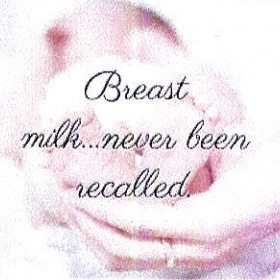


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<p>A newborn baby has only three demands. They are warmth in the arms of its mother, food from her breasts, and security in the knowledge of her presence. Breastfeeding satisfies all three. – <i>Grantly Dick-Read</i></p>		<p>“Formula feeding is the longest lasting uncontrolled experiment lacking informed consent in the history of medicine.” — Frank Oski, M.D., retired editor, Journal of Pediatrics</p>	<p>I’m an advocate of ‘indiscreet’ breastfeeding – the more that people see babies at the breast, the more normal it will be. – <b>Dr. Jack Newman</b></p>	
	<p>Breastfeeding is a mother’s gift to herself, her baby, and the earth/ Pamela K. Wiggins</p>	<p>“A pair of substantial mammary glands have the advantage over the two hemispheres of the most learned professor’s brain in the art of compounding a nutritive fluid for infants”. Chief Justice Oliver Wendell Holmes (1809-1894)</p>	<p><i>whoever said there's no use crying over spilled milk obviously never pumped six ounces &amp; accidentally spilled it.</i></p> 	
<p>Breastfeeding reminds us of the universal truth of abundance; the more we give out, the more we are filled up, and that divine nourishment-the source from which we all draw is, like mother’s breast ever full and ever flowing. Sara Buckley</p>	<p>Breastmilk... the gold standard of infant nutrition.</p>	<p><b>FREE</b></p>	<p>People always want to see your breasts, until you're feeding a baby then it's considered indecent... anyone else see the flaw in this logic?</p> 	<p>Mother’s milk time-tested for millions of years, is the best nutrient for babies because it is nature’s perfect food. Robert S. Mendelsohn</p>
<p>EAT LOCAL, BREASTFEED</p>	<p><i>What Breastfeeding IS REALLY LIKE</i></p> 	<p>BREASTFEEDING IS NOT ALWAYS EASY... BUT IT IS ALWAYS WORTH IT.</p> 		<p>A baby nursing at a mother’s breast... is an undeniable affirmation of our rootedness in nature. ~David Suzuki</p>
<p>Breastfeeding</p> <p>“Success in breastfeeding is not the sole responsibility of a woman—the promotion of breastfeeding is a collective societal responsibility.”</p>	<p>Human milk is like ice cream, penicillin, and the drug ecstasy all wrapped up in two pretty packages.</p> 	<p>Every time I cry they stick a boob in my mouth</p> 	<p>Breastfeeding’s worst enemy is separation. Dr. Nils Bergman</p>	<p>IF MY BREASTFEEDING OFFENDS YOU FEEL FREE TO PUT A BLANKET OVER YOUR HEAD.</p>



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